

@ketiep1

How to Store and Freeze

Keto Cookies



one

Room temp: Store in an airtight container for up to 5 days.



two

Fridge: Keeps
them firm and fresh for up to 2
weeks.



three

Freezer: Store for 3 months. Thaw at room temperature or warm gently in a toaster oven.



French touch

- In France, these would be served with a light café noir or a tisane (herbal tea) for that classic “pause gourmande.”

